



TERRA  
D'ACQUA  
RESORT

RITUALS OF THE  
WORLD



## RITUALS OF THE WORLD

Rituals are complete treatments that include scrub, wrap, pose, and final massage. You can choose the ritual of your choice via the aromatic display at the reception desk or simply by being guided by the descriptions. A wellness journey is about to begin, we will take you to faraway lands letting you savor the sensations and aromas of the places from which each ritual is inspired.

OPTION 60' €140    OPTION 90' €160  
exfoliation, pack, short massage

**Bora Bora Ritual**  
Nourishing, rejuvenating, relaxing

Made from coconut pulp, white sand, coral seaweed and tiare flowers. A soothing pampering ideal as skin preparation for the sun or simply to take a wellness and relaxation break while imagining a trip to tropical paradises. It makes the skin soft, smooth and fragrant.

**Cotton pampering ritual**  
Elasticizing, soothing, moisturizing

Made with aloe, seawater and cotton powder, it is an enveloping pampering ideal as a treatment during pregnancy or as a soothing and regenerating after-sun pack. Excellent elasticizing treatment for those prone to stretch marks. Wrapped in a cloud of cotton, it deeply moisturizes, soothes redness, and elasticizes tissue.

**India Ritual**  
Detoxifying, firming, anti-aging

Made with tea, spirulina algae, hazelnut oil, ginseng and argan oil. An enveloping, regenerating and firming pamper that deeply hydrates, smoothes and regenerates tissue. Excellent treatment in all cases where the skin looks dull and drained, ideal during the change of season.



## RITUALS OF THE WORLD

Warm, decontracting, and detoxifying rituals are ideal for indulging in a break of well-being and relaxation. They provide relief in case of muscle tension and accumulated stress. These treatments are also available in a back, shoulder, and neck only version..

OPTION 60' €140    OPTION 90' €160  
exfoliation, pack, short massage

**Amazon Ritual**  
Decontracting, nourishing, detoxifying

Based on theobroma cocoa, brazil nut, guarana, orange and chilli, it is an ideal pampering to regain well-being and balance. You will have the sensation of being immersed in the tropical rainforest, nourished by its fruits in contact with the warm earth below.

Back-only option 50 minutes - ideal for localised tension and stress.

**Himalaia ritual**  
Mineralising, decontracting

All the power of pink salt for a decontracting and highly detoxifying treatment. Based on essential oils, mineral-rich fossil salt, hot cushions, salt spheres and salt stones.

Back-only option 50 minutes - ideal for localised tension and stress.

**Marrakech Ritual**  
Regenerating, detoxifying, smoothing

Based on black eucalyptus soap, pure argan oil and Moroccan clay, this is a deep cleansing pampering. It detoxifies, smoothes, deeply nourishes the tissues and recharges them with essential substances, leaving the skin smooth and radiant.

50-minute back-only option - ideal for impure skin, localised tension and stress.



"Relax, collect yourself, push all other thoughts away from you. Let the world around you fade into the blur."



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SPA MASSAGE  
& TREATMENTS





### Hawaiian massage(Lomi Lomi)

Almost entirely performed with the forearms, it restores balance between mind and spirit and helps to have an optimistic outlook on life. Relaxing, detoxifying, draining. Reduces physical and emotional tensions.

60 min/€100

### Californian Massage

Gentle and relaxing massage, balances the nervous system, reduces anxiety and tension, promotes sleep and digestion, eliminates toxins and re-establishes real and harmonious contact with your body.

60 min/€100

### Pregnancy Massage\*\*\*

Treat yourself to a moment of relaxation and relaxation and reduce anxiety and stress with gentle movements to enjoy this magical time. It helps blood and lymph circulation, hormonal and energy balancing.

60 min/€100

### Infant and baby massage\*\*\*

Children are also subjected to the hectic pace of life every day. Treat them to a pampering. It relaxes, reduces stress, relieves pain due to colic and promotes sleep.

60 min/€100

\*\*\* pregnancy and infant or newborn massage can be shown to expectant couples

### Relaxation Massage

Improves mental, physical and inner well-being. Hydrates, tones and drains your body.

60 min/€100

### Anti-stress massage with essential oils

the gentle and harmonious movements of this relaxing and regenerating massage with essential oils give you a great sense of well-being and inner peace.

60 min/€100

### Lower limb lymph drainage

Positive stimulation of the lymph flow. A gentle and relaxing massage that promotes the elimination of toxins. A safe benefit.

50 min/€100

### Kobido Massage

A beauty ritual that restores tone, radiance, and vitality to the face, known in the East as the 'massage of eternal youth.' It stimulates lymphatic circulation, alleviates tension in the face, neck, and head, and has a natural lifting effect.

60 min/€100

### Cold bandage on legs and buttocks

Feel all the freshness of the sea on your skin. Cold bandages soaked in a solution of algae, camphor and menthol strengthen the connective tissues while reducing cellulite, especially the pads between the buttocks and thighs.

It also relieves tiredness and heaviness in the legs (includes cream application with draining manoeuvres).

50 min/€100

### Deep Tissue Massage

Reduces tension, stiffness, and pain caused by muscle knots. Stimulates blood and lymphatic circulation, bringing oxygen and nourishment to the tissues. Regenerates and relaxes.

60 min/€100

### Anticellulite Massage

The legs and buttocks are the main target of the hated cellulite, which is localised in these two areas particularly affected by water retention. The anti-cellulite massage is an excellent ally to combat this imperfection. Draining, circulatory and toning movements will shape your silhouette.

We recommend a minimum of 3 sessions

60 min/€100

### Plantar Reflexology

Foot massage performed to stimulate the powers of self-healing. All vital organs can be positively stimulated through foot manipulation.

60 min/€100

### Hot Stone Massage

"Hot-stone"... basalt stones of volcanic origin that can retain heat and release it slowly. A therapeutic treatment that empties the mind and reactivates energy channels. Helps against muscle stiffness and blood and lymphatic circulation.

60 min/€100

### Candle Massage

the warm light of a candle. Vegetable oils and butters melt and slowly glide over the body. A gentle swirl of fragrances and pleasant emotions that intoxicate the senses.

60 min/€100

